# CORE TOPICS Nottingham

Friday 16 June 2023

Organisers: Drs Mark Barley and William Rattenberry, Nottingham

Location: Crowne Plaza Nottingham

<table>
<thead>
<tr>
<th>Programme</th>
<th>Time</th>
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<tbody>
<tr>
<td><strong>Registration / tea and coffee</strong></td>
<td>08:45</td>
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<tr>
<td><strong>Welcome and introduction</strong></td>
<td>09:25</td>
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<td>Drs Mark Barley and William Rattenberry, Nottingham</td>
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### Session 1

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>09:30</td>
<td><strong>All aboard the peri-operative train – destination unknown?</strong></td>
<td>Dr Rebecca Barker, Nottingham</td>
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<tr>
<td>10:00</td>
<td><strong>Maternity in crisis: key information for the anaesthetist on the labour suite</strong></td>
<td>Dr Arani Pillai, Nottingham</td>
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<tr>
<td>10:30</td>
<td><strong>Questions and answers</strong></td>
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<tr>
<td>10:45</td>
<td><strong>Tea and coffee</strong></td>
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### Session 2

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<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>11:15</td>
<td><strong>Paeds for non-paediatric anaesthetists</strong></td>
<td>Dr Tom Blanks, Leicester</td>
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<tr>
<td>11:45</td>
<td><strong>Regional analgesia for rib fractures – what’s the evidence?</strong></td>
<td>Dr David Hewson, Nottingham</td>
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<tr>
<td>12:15</td>
<td><strong>Questions and answers</strong></td>
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<tr>
<td>12:30</td>
<td><strong>Lunch</strong></td>
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### Session 3

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<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>13:30</td>
<td><strong>Chronic pain: an update on recent developments</strong></td>
<td>Dr Madan Thirugnanam, Derby</td>
</tr>
<tr>
<td>14:00</td>
<td><strong>Current concepts in the peri-operative management of diabetes</strong></td>
<td>Dr Nicholas Levy, West Suffolk</td>
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<tr>
<td>14:30</td>
<td><strong>Post-thyroidectomy haematoma</strong></td>
<td>Mr Neeraj Sethi, Nottingham</td>
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<tr>
<td>15:00</td>
<td><strong>Questions and Answers</strong></td>
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<tr>
<td>15:15</td>
<td><strong>Tea and Coffee</strong></td>
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### Session 4

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<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>15:45</td>
<td><strong>Initial management and transfer of the brain injured patient</strong></td>
<td>Dr Sally Hancock, Nottingham</td>
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Anaesthetic considerations in spinal surgery for non-spinal anaesthetists
Dr Helen Fenner, Nottingham
16:45
Questions and Answers
17:00
Close Meeting

Questions can be asked live or online via “Slido”, please scan the QR code below. The code is #CTNottingham

Learning Objectives

All aboard the peri-operative train – destination unknown?
Dr Rebecca Barker, Nottingham

- Effective waiting (preparation) list prioritisation
- Importance of early optimisation of patients
- Innovative ways to develop optimisation pathways
- Personalised care in perioperative management
- A note on health inequalities and considerations perioperatively

Maternity in crisis: key information for the anaesthetist on the labour suite
Dr Arani Pillai, Nottingham

1. Understand the pressures on UK maternity care
2. Review the anaesthetic implications of the Ockenden and Kirkup reports
3. Reflect on how maternity recommendations can be applied to other areas of practice
4. Consider how anaesthetists can instigate change
Paeds for non-paediatric anaesthetists
Dr Tom Blanks, Leicester

1) Describe the impact of critically injured or unwell children attending for stabilisation and resuscitation at non-paediatric specialist hospitals.
2) Explore the current status of the systems set up to care for these children and their limitations
3) Explore the future impact on reduction in paediatric caseload in non-paediatric specialist hospitals combined with long-term impact of curriculum changes
4) Explore potential regional and local solutions to these problems and how best to proactively address them

Chronic pain: an update on recent developments
Dr Madan Thirugnanam, Derby

Joint denervations, outlining Neuromodulation advances & Regenerative Medicine & future developments.

Current concepts in the peri-operative management of diabetes
Dr Nicholas Levy, West Suffolk
1. Diabetes is the most common metabolic condition that affects surgical patients
2. Diabetes is a modifiable risk factor
3. Patients do better with integrated care pathways
4. Harm arises from
   i. Hypoglycaemia
   ii. Hospital acquired DKA
   iii. Hyperglycaemia
   iv. Drug errors
5. The primary aim is to prevent these causes of harm
6. Never deny T1DM patients insulin
7. Ensure drug reconciliation.
8. Aim for modification of normal diabetes medication.
9. Promote DrEaMing
10. Maintain CBG 6-10 mmol/l

Post-thyroidectomy haematoma
Mr Neeraj Sethi, Nottingham

To provide a grounding in the basics of thyroid surgery, highlighting the potential airway issues following thyroid surgery and also provide an understanding of the management of these airway issues
Neuro emergencies/update  
Dr Sally Hancock, Nottingham

To become familiar with the most recent guidelines on the transfer of the brain injured patient  
To understand the specifics of management of different types of brain injury  
To appreciate the logistical requirements for the successful transfer of the brain injured patient

Anaesthetic considerations in spinal surgery for non-spinal anaesthetists  
Dr Helen Fenner, Nottingham

Key objective for the presentation is to understand current concepts and practices in anaesthetics for spinal surgery for those who don’t undergo spines anaesthetics in their job plan.