# EXAMPLE PROGRAMME

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Speaker/Institution</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:45</td>
<td>Registration/tea and coffee</td>
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</tr>
<tr>
<td>09:25</td>
<td>Welcome and introduction</td>
<td>Drs Nick Murphy and Laura Tasker, University Hospitals Birmingham</td>
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<tr>
<td></td>
<td><strong>Session 1</strong></td>
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<tr>
<td>09:30</td>
<td>5 papers this year</td>
<td>Dr Jaimin Patel, University Hospitals Birmingham</td>
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<tr>
<td>10:00</td>
<td>Anaesthesia and surgery in the very elderly</td>
<td>Dr James Cuell, University Hospitals Birmingham</td>
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<tr>
<td>10:30</td>
<td>Discussion</td>
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<tr>
<td>10:45</td>
<td>Tea and coffee</td>
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<tr>
<td></td>
<td><strong>Session 2</strong></td>
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<tr>
<td>11:15</td>
<td>Prehabilitation for major surgery</td>
<td>Dr Jim Brunning, Royal Orthopaedic Hospital, Birmingham</td>
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<tr>
<td>11:45</td>
<td>Anaesthesia for burns</td>
<td>Dr Tomasz Torlinski, University Hospitals Birmingham</td>
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<tr>
<td>12:15</td>
<td>Discussion</td>
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<tr>
<td>12:30</td>
<td>Lunch</td>
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<tr>
<td></td>
<td><strong>Session 3</strong></td>
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<tr>
<td>13:30</td>
<td>Anaesthesia for the cirrhotic</td>
<td>Dr Asif Arshad, University Hospitals Birmingham</td>
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<tr>
<td>14:00</td>
<td>Child retrieval service</td>
<td>Dr Arun Ghose, University Hospitals Birmingham</td>
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<tr>
<td>14:30</td>
<td>Discussion</td>
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</tr>
<tr>
<td>14:45</td>
<td>Tea and coffee</td>
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<tr>
<td></td>
<td><strong>Session 4</strong></td>
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</table>
CORE TOPICS Birmingham
Tuesday 21 March 2023
Organiser: Drs Nick Murphy and Laura Tasker, Birmingham
Location: Novotel Birmingham Centre, Birmingham

EXAMPLE PROGRAMME

15:15  What’s new in resuscitation
Dr Andy Owen, University Hospitals Birmingham

15:45  Major trauma update
Dr Rob Moss, University Hospitals Birmingham

16:15  Discussion

16:30  Close of meeting

Questions can be submitted online via “Slido“, please scan the QR code below. The code is #CTBirmingham

Learning Objectives

5 papers this year
Dr Jaimin Patel, University Hospitals Birmingham

- Fluid management in sepsis
- TIVA vs. Inhalational
- Haemorrhage management
- Hip fracture anaesthesia

Anaesthesia and surgery in the very elderly
Dr James Cuell, University Hospitals Birmingham

- Evaluate our current understanding and application of major surgery in the older population
Prehabilitation for major surgery
Dr Jim Brunning, Royal Orthopaedic Hospital, Birmingham
- Prehabilitation as a concept
- Healthspan
- Knowledge of some useful resources
- Some lifestyle changes that would help us all

Anaesthesia for burns
Dr Tomasz Torlinski, University Hospitals Birmingham
- Refresh the epidemiology of thermal injuries
- Understand the initial challenges of burns injuries
- Discuss general principles of anaesthetic management
- Refresh the principles of ICU management
- Highlight the long-term issues of patients with burn injuries

Anaesthesia for the cirrhotic
Dr Asif Arshad, University Hospitals Birmingham
- Why are we seeing cirrhotics in clinic?
- Why do they do so badly
- Assessment and risk stratification
- Scoring systems, measuring HPVG
- How to anaesthetise them

Child retrieval service
Dr Arun Ghose, University Hospitals Birmingham
- Overview of the paediatric retrieval service
- Understand when to phone us
- Review a couple of cases with collaborative decision making
- Update on some winter pressure issues in paediatrics

Whats new in resuscitation
Dr Andy Owen, University Hospitals Birmingham
CORE TOPICS Birmingham

Tuesday 21 March 2023
Organiser: Drs Nick Murphy and Laura Tasker, Birmingham
Location: Novotel Birmingham Centre, Birmingham

EXAMPLE PROGRAMME

- Understand the epidemiology of cardiac arrest
- Review the last 12 months of resuscitation research
- Consider key issues surrounding resuscitation in 2023

Major trauma update
Dr Rob Moss, University Hospitals Birmingham

- Share reflections on recent Mass Casualty Incidents and their investigations
- Suggestions for action