Medical Hypnosis

Monday 5 February 2024

Location: 21 Portland Place, London

Organisers: Dr Jane Boissiere, President, British Society of Clinical and Academic Hypnosis (BSCAH)

Aimed at anaesthetists with an interest in medical hypnosis. You will learn how to experience and induce a light hypnotic trance.

09:00  Registration / tea and coffee

09:25  Introduction
Dr Jane Boissiere, Trustee, British Society of Clinical and Academic Hypnosis (BSCAH)

09:30  Hypnosis and communication for the anaesthetist
Dr Simon Tunstill, Reading

10:00  Hypnosis in Obstetrics
Dr Paul Slater, Northampton

10:25  Hypnosis in Paediatrics
Dr Caron Moores, Liverpool

10:45  From cynic to true believer
Dr Karen Pearson, Dundee

11:00  Tea and Coffee

11:30  How to induce a simple hypnotic trance and generate imagery
Ms Jean Rogerson, Associate Lecturer (BSCAH), Birmingham

12:15  Hypnosis for pain management
Dr Caron Moores, Liverpool

12:45  Starting out in hypnosis (2)
TBC

13:00  Lunch

14:00  Hypnosis in anaesthesia - Practical applications and current evidence
Dr Paul Slater, Northampton

14:30  Needle phobia
Ms Jean Rogerson, Associate Lecturer (BSCAH), Birmingham

15:00  Starting out in hypnosis (3)
TBC

15:15  Tea and Coffee
Medical Hypnosis

Monday 5 February 2024
Location: 21 Portland Place, London
Organisers: Dr Jane Boissiere, President, British Society of Clinical and Academic Hypnosis (BSCAH)

Aimed at anaesthetists with an interest in medical hypnosis. You will learn how to experience and induce a light hypnotic trance.

15:30    Self hypnosis, ego strengthening followed by practical session
         Ms Jean Rogerson, Associate Lecturer (BSCAH), Birmingham

16:15    Questions and feedback

16:45    Close of meeting