Medical hypnosis

Monday 18 May 2020
Location: 21 Portland Place, London
Organiser: Dr Jane Boissiere, British Society of Clinical and Academic Hypnosis (BSCAH)

09:00  Registration / tea and coffee
09:25  Introduction
09:30  Hypnosis and communication for the anaesthetist
       Dr Simon Tunstill, Reading
10:15  How to induce a simple hypnotic trance and generate imagery
       Mrs Jean Rogerson, Associate Lecturer (BSCAH), Birmingham City University
11:00  Tea and coffee
11:30  Hypnosis in paediatrics and obstetrics
       TBC
12:15  Hypnosis in anaesthesia - practical applications and current evidence
       Dr Paul Slater, Northampton
13:00  Lunch
14:00  Hypnosis for pain management
       Dr Caron Moores, Liverpool
14:30  Needle phobia
       TBC
15:00  Tea and coffee
15:15  Self hypnosis, ego strengthening, followed by practical session
       Mrs Jean Rogerson, Associate Lecturer (BSCAH), Birmingham City University
16:00  Questions and feedback
16:30  Close of meeting
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Learning Objectives
• To experience and induce a light hypnotic trance 3A07
• Basic understanding of modern definition and theories of hypnosis 2A10, 2A12
• Consider the structure of hypnotic language and ways to incorporate it into daily practice 2A10, 2A12
• An awareness of the potential applications of hypnosis in anaesthetic practice, including anxiety management, pain, obstetrics, paediatrics, phobias 2B01, 2D05, 2D06, 2E01, 1D02, 2B01, 3I00

This seminar covers Domain 3: Communication, partnership & teamwork

In association with the BSCAH