Association of Anaesthetists with Coaching and Mentoring consultants - 4 day mentoring development

**Location:** 21 Portland Place, London  
**Course tutors:** Julia Pokora and Dr June Smailes  
**Association of Anaesthetists Mentoring Lead:** Dr Nancy Redfern, Newcastle

**Day 1 – Tuesday 24 March 2020**

**Day 1 facilitators:** Diana Jolliffe, Graeme Macphee, Katy Miller

**09:30**  Registration / tea and coffee

**09:50**  Welcome  
Dr Nancy Redfern, Newcastle

**10:00**  Programme objectives and introductions

**10:20**  What is mentoring? Overview of Egan's The Skilled Helper model

**11:00**  Tea and coffee

**11:15**  Stage 1 - telling the story & developing new perspectives

**11:45**  Skills practice briefing

**12:00**  Skills Practice x 3

**13:10**  Lunch

**14:00**  Learning review  
Stage 1 - new perspectives and searching for value

**14:30**  Skills practice x 3

**15:20**  Tea and coffee

**15:45**  Plenary review and learning log

**16:15**  Questions about mentoring in learning groups

**16:45**  Mentoring in practice  
Briefing for day 2

**17:00**  Close of meeting
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Day 2 – Wednesday 25 March 2020

Day 2 facilitators: Diana Jolliffe, Graeme Macphee, Katy Miller

09:00     Registration / tea and coffee
09:30     Overview of day and stage 2
09:40     Brainstorming input and demonstration
10:05     Brainstorming practice in pairs
10:30     Review
10:40     Tea and coffee
11:00     Stage 2 – value to goals
11:30     Skills practice 1
12:05     Skills practice 2
12:40     Lunch
13:30     Skills practice 3
14:05     Stage 2 – commitment testing
14:15     Skills practice in pairs
14:45     Stage 2 review and learning log and coursework
15:00     Tea and coffee
15:15     Planning coursework
15:45     Review and briefing for day 3
16:00     Close of meeting
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**Day 3 – Wednesday 22 April 2020**

Day 3 facilitators: TBC

- **09:00**  Registration / tea and coffee
- **09:30**  Overview of day and review of mentoring practice
- **10:00**  Plenary feedback  
  Developing a working agreement
- **10:15**  Refresher of stages 1 and 2
- **10:40**  Tea and coffee
- **11:00**  Skills practice 1
- **11:35**  Skills practice 2
- **12:10**  Skills practice 3
- **13:00**  Lunch
- **13:45**  Stage 3 - from goals to action
- **14:15**  Skills practice x 3
- **15:45**  Plenary review  
  Briefing for day 4
- **16:00**  Close of meeting
Association of Anaesthetists with Coaching and Mentoring consultants - 4 day mentoring development

**Location:** 21 Portland Place, London  
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**Association of Anaesthetists Mentoring Lead:** Dr Nancy Redfern, Newcastle

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<th>Day 4 – Thursday 21 May 2020</th>
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**Day Four Facilitators:** TBC

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>09:00</td>
<td>Registration / tea and coffee</td>
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<tr>
<td>09:30</td>
<td>Overview of the day and review of Mentoring Practice, and ethical/professional issues</td>
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<td>10:10</td>
<td>Brief mentoring</td>
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<td>Tea and coffee</td>
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<td>10:50</td>
<td>Whole model skills practice introduction</td>
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<td>11:00</td>
<td>Skills practice 1</td>
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<td>13:20</td>
<td>Skills practice 3</td>
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<td>14:10</td>
<td>Review of The Skilled Helper model</td>
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<td>14:30</td>
<td>Taking mentoring forward in the Association</td>
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<td>Dr Nancy Redfern, Newcastle</td>
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<td>16:00</td>
<td>Close of meeting</td>
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