# Programme

## 08:45
Registration / tea and coffee

## 09:25
Welcome and introduction
Drs Sarah Gibb, Paula Morris, Erin Chuter, Gemma Hood, and Linda McGhee, Newcastle

### Session 1

#### 09:30
Great North Run - 20 years experience in the medical tent
Dr Gary Lear, Consultant Anaesthesia and ICM, Sunderland

#### 09:45
Regional anaesthetic failure – learning from experience
Ms Susanna Stanford, Patient Safety Advocate & Clinical Human Factors Group Ambassador, Northumberland

#### 10:30
Questions and answers

### Session 2

#### 10:45
Tea and coffee

#### 11:15
Preoperative assessment – waiting well
Dr James Prentis, Consultant Anaesthetist, Newcastle

#### 11:45
Cardiology for the anaesthetist
Dr Nick Jenkins, Consultant Cardiologist, Sunderland

#### 12:15
Questions and answers

### Session 3

#### 12:30
Lunch

#### 13:30
POPS light - Perioperative care of the elderly
Dr Laura McGarity, Consultant Anaesthetist, Ayrshire & Arran

#### 14:00
PICU GNCH – stabilisation of the critically unwell child in a DGH
Dr John Glazebrook, Consultant paediatric anaesthesia and ICM, Newcastle

#### 14:30
Questions and Answers

#### 14:45
Tea and Coffee

### Session 4

#### 15:15
Setting up a day case surgical service
Dr Henrietta Dawson, Consultant Anaesthetist, Newcastle

#### 15:45
Plastics and human health
Dr Richard Hixson, Consultant anaesthesia & ICM, Durham

#### 16:15
Questions and Answers

#### 16:30
Close Meeting
CORE TOPICS Newcastle

Friday 17 November 2023

Organisers: Drs Sarah Gibb, Paula Morris, Erin Chuter, Gemma Hood, and Linda McGhee

Location: Civic Centre, Newcastle

Q&A sessions take place at the end of each session. We encourage audience interaction. However, if you wish to post a question on Slido, please scan the QR Code below. The code is #CTNewcastle

Learning Objectives

Great North Run - 20 years experience in the medical tent
Dr Gary Lear, Consultant Anaesthesia and ICM, Sunderland

A better understanding of hyperthermia in runners, large event management and team working

POPS light - Perioperative care of the elderly
Dr Laura McGarrity, Consultant anaesthetist, Ayrshire & Arran

Perioperative Care of the Elderly
Perioperative Innovation within a low resource environment
Frailty screening and Case Finding within Preoperative Assessment
Comprehensive Geriatric Assessment relevant to the Preoperative period
Preoperative Shared Decision Making & associated Optimisation strategies

Plastics and human health
Dr Richard Hixson, Consultant anaesthesia & ICM, Durham

1. To increase understanding of why ocean health is declining and why this is important.
2. To raise awareness on how human health and healthcare is linked to nature/ocean health and why without good oceanic health, we will fail to reach net zero.
3. To ensure there is understand of why we must concurrently address the problem of single use plastics.”