Programme

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Title</th>
<th>Domain</th>
<th>Speaker/Institution</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:45</td>
<td>Registration/Tea and coffee</td>
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<tr>
<td>09:20</td>
<td>Welcome and introduction</td>
<td>Drs Paul Diprose &amp; Jenny McLachlan, Southampton</td>
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<tr>
<td>09:30</td>
<td>Session 1</td>
<td>Assessment and management of the critically unwell obstetric patient</td>
<td>1B05, 2B06</td>
<td>Dr Kate Donovan, Southampton</td>
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<tr>
<td>10:00</td>
<td></td>
<td>Immediate management of perioperative arrhythmias</td>
<td>1B04, 2A06</td>
<td>Dr Rob Bowers, Consultant Cardiologist, Basingstoke</td>
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<tr>
<td>10:30</td>
<td></td>
<td>Discussion</td>
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<tr>
<td>10:45</td>
<td></td>
<td>Tea and coffee</td>
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<tr>
<td>11:15</td>
<td>Session 2</td>
<td>Cardiothoracic radiology for anaesthetists</td>
<td>1A03, 2A03</td>
<td>Dr Charles Peebles, Southampton</td>
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<tr>
<td>11:45</td>
<td></td>
<td>Challenging the pathway for high-risk surgical patients: A farewell to old friends</td>
<td>1I05, 2C04</td>
<td>Professor David Walker, University College London</td>
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<td>12:15</td>
<td></td>
<td>Discussion</td>
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<tr>
<td>12:30</td>
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<td>Lunch</td>
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<tr>
<td>13:30</td>
<td>Session 3</td>
<td>Processed EEG and the ageing brain</td>
<td>3, 1I03</td>
<td>Dr Mark Barley, Nottingham</td>
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<tr>
<td>14:00</td>
<td></td>
<td>Improving outcomes for the elderly surgical patient</td>
<td>1A03, 2A07</td>
<td>Dr Edward Hewertson, Consultant Physician in Medicine for Older People, Southampton</td>
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<tr>
<td>14:30</td>
<td></td>
<td>Discussion</td>
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<tr>
<td>14:45</td>
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<td>Tea and coffee</td>
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<tr>
<td>15:15</td>
<td>Session 4</td>
<td>Recent papers of interest for anaesthetists</td>
<td>1A02, 1I05</td>
<td>Dr Mark Edwards, Southampton</td>
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<tr>
<td>15:45</td>
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<td>Informed consent: lessons from military and history</td>
<td>1F02, 1F05</td>
<td>Surgeon Captain Richard Heames, RN</td>
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<tr>
<td>16:15</td>
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<td>Discussion</td>
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CORE TOPICS Wessex

EXAMPLE PROGRAMME

Friday 20th October 2023

Organisers: Drs Paul Diprose & Jenny McLachlan, Southampton

Location: Holiday Inn Winchester, Telegraph Way, Morn Hill, Winchester, S021 1HZ

16:30 Close of meeting

Q&A sessions take place at the end of each session. We encourage audience interaction. However, if you wish to post a question on Slido, please scan the QR Code below. The code is #CTWessex

Learning Objectives

Assessment and management of the critically unwell obstetric patient
Dr Kate Donovan, Southampton

• Care of the critically unwell obstetric patient – where, what with, which team?
• How do we prepare ourselves?
• Who is the leader?

Immediate management of perioperative arrhythmias Domain 1, 1B04, 2A06
Dr Rob Bowers, Consultant Cardiologist, Basingstoke

• Dealing with more unusual arrhythmia in the perioperative period
• Practical management of intraoperative arrhythmia
• Getting the best for a patient when they are found to have arrhythmia in pre assessment

Cardiothoracic radiology for anaesthetists
Dr Charles Peebles, Southampton

Refresher session on CXR interpretation for Anaesthetists, Tips and tricks
Challenging the pathway for high-risk surgical patients: A farewell to old friends
Professor David Walker, University College London

Understand historical data regarding surgical outcomes
Recognise the current pressures on surgical service delivery
Challenge the current care model
Identify opportunities to improve both patient throughput and clinical outcomes

Processed EEG and the ageing brain Domain 3, 1103
Dr Mark Barley, Nottingham

Appreciate that the aging brain produces different oscillations to youth.
Understand that most pEEG indices are not designed with age related changes in mind.
Recognise the EEG changes which occur with normal and accelerated brain aging.
Understand the significance of burst suppression.
Look out for superagers!

Improving outcomes for the elderly surgical patient
Dr Edward Hewertson, Consultant Physician in Medicine for Older People, Southampton

• Surgical risk from a geriatricians perspective
• Insights on assessing and managing frailty
• Improving the care of older emergency surgical patients
• Overview of the liaison service to ASU
• Shared decision making project
• 2023 Best Practise tariff
• IV fluid and prescribing guidance in acute surgical patients
Recent papers of interest for anaesthetists
Dr Mark Edwards, Southampton

1. Get up to date with results of recent, potentially practice-changing, interventional trials in anaesthesia / perioperative medicine
2. Consider how trial design choices may affect interpretation

Informed consent: lessons from military and history
Surgeon Captain Richard Heames, RN

1. Observe the origins of informed consent and military failings
2. Analyse the level of 'informed' when consenting
3. Agree the anaesthetic plan in a 'consensual' manner
4. Conduct informed consent optimally and as an ongoing process