Wellbeing seminar

Tuesday 9 June 2020
Location: 21 Portland Place, London
Organiser: Dr Robert Self, London

09:00 Registration / tea and coffee
09:20 Introduction
09:30 Moral injury – what it means for anaesthetists
   Dr Esther Murray, London
10:15 Wellbeing – the Clinical Director’s perspective
   Dr Hamish McLure, Leeds
11:00 Discussion.
11:15 Tea and coffee
11:30 ‘If you don’t change direction soon, you’ll end up where you’re going’
   Dr Gordon French, Northampton
12:30 Lunch
13:15 Bullying / Incivility
   Dr Sian Jaggar, London
14:00 Mentoring and Wellbeing
   Dr Nancy Redfern, Newcastle
14:45 Tea and coffee
15:00 Yoga for anaesthetists
   Serena Davis, London
15:45 Wellbeing – putting it all together and resources
   Dr Robert Self, London
16:30 Discussion and close of meeting