Programme

13:30    Log in available
13:55    Introduction
         Dr Andrew Klein, Cambridge
14:00    Correcting pre-operative anaemia
         Prof Donat Spahn, Zurich
14:45    Exercise testing and training before surgery
         Dr Chris Snowden, Newcastle
15:30    Educating and training patients (Surgery School)
         Dr John Moore, Manchester
16:15    Close

This seminar will cover the Matrix codes below:

1I05 Quality improvement
1A02 Pharmacology and therapeutics
2A03 Pre-operative assessment and preparation for anaesthesia
2A12 Developments in allied clinical specialties (relevant to practice)
3J03 Research

And will address these learning objectives:

- Why is optimisation patients pre-operatively key for outcomes?
- Diagnosis and management of pre-operative anaemia
- Exercise testing for predicting risk and outcomes before major surgery
- Prehabilitation - exercise regimes to improve physical fitness
- The importance of involving patients in planning for surgery